

Strengthening Professional Learning Communities Through Policy and Institutional Support in Diverse Educational Contexts

Putri Umrotur Rizqi, Wanda Syafika

¹Universitas Negeri Malang, Indonesia

²International Islamic University Malaysia, Malaysia

Correspondent: putriumroturrizqi@gmail.com

Received : June 15, 2024

Accepted : August 12, 2024

Published : August 31, 2024

Citation: Rizqi, P.U. & Syafika, W. (2024). Strengthening Professional Learning Communities Through Policy and Institutional Support in Diverse Educational Contexts. Sinergi International Journal of Education, 1(2), 141 – 156.

ABSTRACT: This narrative review explores the role of Professional Learning Communities (PLCs) in enhancing teacher competencies across various educational settings. The study aims to synthesize empirical evidence on the effectiveness of PLCs in promoting professional development and improving instructional practices. Literature was collected from databases such as Scopus, ERIC, and Google Scholar using keywords including "Professional Learning Community," "teacher competency development," and "collaborative learning." Articles published within the last ten years were reviewed, with inclusion criteria focused on peer-reviewed studies addressing teacher development in PLC contexts. Findings indicate that PLCs significantly improve reflective teaching, collaborative lesson planning, and formative assessment practices. Teachers engaged in PLCs report higher confidence and demonstrate more adaptive and student-centered pedagogies. Institutional support, leadership, and policy alignment emerge as critical enablers of PLC success. However, systemic challenges—including funding constraints, inconsistent policies, and insufficient training—limit their effectiveness, especially in low-resource contexts. The discussion highlights evidence-based strategies such as integrating PLCs into national education frameworks, investing in continuous training, and leveraging technology for virtual collaboration. The review concludes by emphasizing the need for context-sensitive implementation and further research on teacher experiences within PLCs. These insights can inform policy and practice aimed at fostering inclusive and sustainable professional learning cultures in education.

Keywords: Teacher Competency; Collaborative Learning; Educational Policy; Instructional Improvement;



This is an open access article under the CC-BY 4.0 license

INTRODUCTION

In the evolving landscape of global education, the continuous professional development of teachers has become a cornerstone for enhancing educational quality and student outcomes. Among the myriad approaches explored to achieve this objective, the Professional Learning Community (PLC) has emerged as a particularly effective framework. PLCs serve as structured collaborative spaces where teachers engage in shared learning, reflect on their practices, and co-construct pedagogical strategies (Haines-Delmont et al., 2022; Kayser, 2017; Thoma et al., 2017). According to (Dervenis et al., 2022), fostering a deep understanding of teaching practices and learning outcomes is central to teacher competency development. Similarly, (Cojorn & Sonsupap, 2024) have demonstrated that collaborative professional development significantly enhances teachers' abilities to create learning environments that promote higher-order thinking. Therefore, PLCs do not merely encourage experiential learning but integrate theoretical knowledge with practical application to support continuous improvement in teaching.

The effectiveness of PLCs is not universal; rather, it is deeply influenced by contextual variables such as geographical location and cultural norms. (Mustika et al., 2024) argue that the learning environment and community culture play a pivotal role in shaping the values and skills emphasized in professional education. (Telesford et al., 2024) further underscore the integration of local traditions and educational practices in community-based professional development programs in small island states. These studies highlight the importance of tailoring PLCs to the local socio-cultural context to optimize their impact. In such settings, the interaction among teachers, the nature of collaboration, and the types of competencies prioritized are often reflective of the broader community values and educational aspirations (Fernandes & Vieira, 2013; Gonçalves et al., 2022).

Empirical evidence also indicates that participation in PLCs can be particularly beneficial when integrated with technological innovation. Raghavendra (2021) posits that the effective use of technology within curricula fosters both engagement and learning, particularly when employed in collaborative contexts. This underscores the dual imperative of cultural relevance and technological adaptability in modern professional development paradigms. The synergy between traditional knowledge-sharing methods and digital tools enables a more inclusive and dynamic learning environment for educators (Falloon, 2020).

Indonesia presents a compelling case study in this regard. (Fitriati et al., 2023) illustrate how community-based educational models facilitate contextually relevant teaching competencies through PLCs. These models are particularly valuable in developing countries where educational challenges are often complex and multifaceted. The integration of local needs with collaborative learning frameworks empowers educators to adapt to diverse classroom environments while maintaining pedagogical rigor. Furthermore, sustained professional development in such settings often requires innovative and flexible teaching methods that resonate with both local realities and global educational standards.

Despite the promise of PLCs, several formidable challenges impede their optimal implementation. One of the primary obstacles is the absence of collaborative structures in schools where PLCs are

not institutionalized. Without these communities, teachers often struggle to access constructive feedback or high-quality educational resources. Dervenis et al. (2022) highlight that the lack of supportive interactions can hinder the development of effective communication skills, which are essential for understanding and addressing student needs. This isolation not only impairs pedagogical effectiveness but also weakens the relational foundation of the learning process.

Cojorn and Sonsupap (2024) further assert that in the absence of PLCs, teachers are more likely to experience professional isolation, which limits opportunities for seeking assistance or peer guidance when confronted with instructional challenges. Such conditions foster stagnation in teaching practices and discourage innovation. Teachers may thus find it difficult to access current educational trends or experimental methodologies that could enhance student engagement and learning outcomes. The absence of a shared learning environment also reduces exposure to advanced pedagogical concepts and high-order thinking strategies that are vital in contemporary classrooms (Monteiro et al., 2020; Niemi, 2015; Slot & Leseman, 2021).

Moreover, the lack of systemic support and limited access to relevant training opportunities, particularly in developing countries, exacerbate these challenges. Teachers in such contexts often rely on outdated instructional methods, unable to meet the growing demands of 21st-century education. (Daly et al., 2013) point out that high student-teacher ratios and insufficient administrative backing for professional development further constrain teachers' ability to innovate or reform their pedagogical approaches. Structural limitations, including budgetary constraints and policy gaps, compound these difficulties and underscore the necessity of institutional commitment to professional learning.

Although literature acknowledges the efficacy of PLCs, significant gaps remain, particularly in the context of developing countries. Much of the existing research has focused on PLC models implemented in developed countries where educational systems are well-resourced and structurally robust. (Gepila, 2020) warns that applying these models directly to less developed educational contexts may prove ineffective due to differing infrastructural and cultural conditions. Therefore, a critical need exists to design and evaluate PLCs that are contextually responsive and adaptable to the specific challenges and assets of developing nations (Mailizar et al., 2022; Sakhipov et al., 2023).

Mustika et al. (2024) support this view, noting the importance of locally responsive strategies that can align with existing educational practices and social norms. However, there remains a paucity of research exploring how PLCs can be effectively localized to ensure relevance and sustainability. Bucklen et al. (2014) advocate for longitudinal studies to assess the long-term impact of PLCs on teacher competency, yet such investigations are rare, especially in dynamic educational environments where policies and practices are in constant flux (Luna et al., 2022; Miranda et al., 2021).

Furthermore, (Corwin et al., 2019) critique the predominance of quantitative analyses in PLC research, which often overlook the subjective experiences of teachers within these communities. There is an urgent need for qualitative studies that delve into teachers' personal narratives, expectations, and perceived challenges, as these insights can provide a more holistic understanding of how PLCs influence professional identity formation. In addressing these literature gaps, this

review aims to contribute a nuanced perspective on the utility and adaptability of PLCs in diverse educational settings (Amzat et al., 2022; Hassrick et al., 2021).

The primary objective of this review is to investigate the role and effectiveness of PLCs in developing teacher competencies across various educational levels. Specifically, it aims to synthesize empirical findings that illustrate how PLCs foster collaborative learning environments where educators can acquire new knowledge, share practical experiences, and refine their teaching methodologies. Cojorn and Sonsupap (2024) emphasize the significance of inter-teacher collaboration in enhancing classroom communication and student learning outcomes. Hence, this review seeks to elucidate the mechanisms through which PLCs cultivate such collaborative cultures and their subsequent impact on instructional quality.

Additionally, this review will examine the challenges teachers encounter in implementing PLCs, considering how local contexts—such as institutional culture and societal norms—shape their engagement and outcomes. Understanding these variables is critical for identifying best practices and designing supportive frameworks that enhance the sustainability and effectiveness of PLCs across diverse educational landscapes.

The scope of this review includes an in-depth exploration of PLC implementation among teacher groups situated in geographically and socially distinct environments, such as remote rural schools, private institutions, and religious-based madrasahs. Telesford et al. (2024) have shown that community-based interventions tailored to local contexts can significantly enhance educators' competencies. However, most existing studies concentrate on urban or developed settings, thereby limiting the generalizability of their findings.

(Netto & Silva, 2018) argue for more adaptive approaches to PLC implementation in resource-constrained environments. Their work suggests that effective PLCs must address not only individual instructional challenges but also broader socio-economic constraints that influence teaching practices. Similarly, Cojorn and Sonsupap (2024) advocate for greater attention to the unique needs of private and religious schools, which often operate under different pedagogical paradigms and institutional expectations. This review will thus consider how PLCs can be tailored to meet the distinct requirements of diverse teacher populations.

In conclusion, while existing literature affirms the potential of PLCs to enhance teacher professional development, considerable work remains to contextualize and optimize their implementation across various educational settings. By integrating empirical evidence, examining contextual factors, and addressing existing literature gaps, this review aims to offer a comprehensive understanding of the transformative role that PLCs can play in fostering teacher competencies and improving educational outcomes globally.

METHOD

This literature review was conducted with the aim of examining the role and effectiveness of Professional Learning Communities (PLCs) in enhancing teacher competencies across different educational settings. The methodology adopted for this study is grounded in established practices for systematic and integrative literature reviews, and emphasizes clarity, reproducibility, and relevance of sources.

The collection of literature was initiated through a comprehensive search across multiple high-impact academic databases. The primary sources included Scopus, Google Scholar, and ERIC (Education Resources Information Center), which are well-regarded for their broad coverage and inclusion of peer-reviewed educational research. Scopus was selected due to its wide indexing of international journals and its robust filtering capabilities. Google Scholar was utilized to expand the scope of the review by capturing grey literature and citations from a broader academic context. ERIC was chosen for its specific focus on education-related research and its inclusion of policy papers and technical reports relevant to teacher development and professional learning communities.

To ensure the relevance and precision of the search, a structured keyword strategy was employed. The keywords were derived from a synthesis of core concepts related to the research topic and refined through preliminary searches. The most frequently used keywords included: "Professional Learning Community," "teacher competency development," "effectiveness of PLC," "teacher collaboration," "professional competence," "community-based learning model," "continuing education," "teaching innovation," "collaborative learning," "best practices in teaching," "impact of PLC on students," "improvement in educational quality," "teacher and student performance," "education in developing countries," and "teacher perceptions of PLC." These keywords were used both individually and in various Boolean combinations (AND, OR, NOT) to capture a comprehensive dataset of relevant literature. Synonyms and alternative phrasings were also considered to maximize retrieval, such as using "teacher professional development" in place of "teacher competency development."

The search process was limited to publications released within the last ten years, specifically between 2013 and 2023. This timeframe was chosen to ensure the currency and relevance of findings, while allowing the inclusion of landmark studies that may serve as foundational references. Articles published outside this range were only considered if they provided seminal insights into the conceptualization or historical evolution of PLCs in educational research.

Following the search, the initial pool of articles was subjected to a rigorous screening process. First, duplicates were removed, and abstracts were scanned to assess their relevance to the focus of this review. Articles that did not directly address the implementation, impact, or challenges of PLCs in teacher competency development were excluded. The remaining articles underwent full-text review, with careful attention paid to their methodological rigor, relevance to the review objectives, and contextual applicability to the broader discussion of PLCs in diverse educational settings.

To ensure the quality and reliability of the included studies, a set of inclusion and exclusion criteria was established. Inclusion criteria encompassed articles that were peer-reviewed, explicitly

discussed teacher professional development in the context of PLCs, were published within the selected ten-year range, and addressed teacher populations at various educational levels, including primary, secondary, and tertiary education. Additionally, only studies employing transparent and valid methodologies were included, such as longitudinal research, quasi-experimental designs, robust case studies, and qualitative studies grounded in clear analytical frameworks.

Conversely, articles were excluded if they did not focus on PLCs or teacher competence directly, or if they were not published in peer-reviewed journals. Non-academic sources, opinion pieces, or reports without scholarly review processes were not considered. Studies published before 2013 were excluded unless they offered historically significant contributions. Further, studies lacking methodological transparency or those with limited contextual relevance were removed from consideration, particularly if their focus was confined to narrow or highly specific socio-cultural environments that did not align with the broader research objectives of this review.

The literature selection process resulted in the inclusion of a diverse set of studies representing a range of geographic, cultural, and institutional contexts. Emphasis was placed on incorporating research from both developed and developing countries to ensure a balanced perspective. Particular attention was given to studies exploring PLC implementation in under-resourced or rural areas, as well as in non-traditional educational settings such as private schools and madrasahs. This emphasis was intended to address the identified gaps in the literature concerning the contextual adaptability and sustainability of PLCs in diverse educational systems.

Types of studies included in this review varied, reflecting the interdisciplinary and multifaceted nature of research on PLCs. Among them were qualitative case studies that provided in-depth analyses of teacher experiences within PLCs; quantitative surveys and longitudinal studies that measured changes in teacher practices and student outcomes over time; and mixed-methods research that integrated statistical analysis with narrative inquiry to provide a holistic view of PLC effectiveness. Experimental studies that examined the impact of specific PLC interventions on instructional practices were also considered, provided they met the inclusion criteria.

To enhance the validity of the literature review, the selected studies were further evaluated for methodological rigor. This included assessing sample sizes, data collection methods, analysis techniques, and the extent to which findings could be generalized to other educational contexts. Studies that clearly articulated their limitations and employed triangulation or multi-source verification were prioritized, as these characteristics suggest a higher degree of reliability and scholarly integrity.

Throughout the review process, attention was also paid to thematic saturation. As recurrent themes began to emerge across multiple studies—such as the significance of teacher collaboration, the role of school leadership in sustaining PLCs, the influence of institutional culture, and the impact on student learning outcomes—these themes were documented and categorized to form the analytical framework for subsequent sections of the review. Studies that contributed unique perspectives, such as the role of digital platforms in enabling virtual PLCs or the use of PLCs in crisis contexts (e.g., during the COVID-19 pandemic), were also included to enrich the analysis.

In summary, the methodology employed in this literature review was designed to ensure comprehensiveness, methodological rigor, and contextual relevance. By drawing on a well-defined search strategy, applying clear inclusion and exclusion criteria, and integrating a variety of study types, this review aims to offer a nuanced and evidence-based understanding of how PLCs contribute to the development of teacher competencies. The findings derived from this methodology will be presented in the subsequent sections, organized thematically to reflect the key dimensions of PLC implementation, challenges, and impact identified in the literature.

RESULT AND DISCUSSION

Collaboration among teachers within Professional Learning Communities (PLCs) plays a significant role in enhancing reflective capacity and pedagogical practice. Empirical findings suggest that collaborative experiences in PLCs help teachers build confidence in adopting new instructional strategies while strengthening their self-evaluation skills. Cojorn and Sonsupap (2024) emphasize that such collaboration cultivates a culture of shared feedback, allowing teachers to critique and improve one another's teaching methods. This culture supports ongoing professional growth as educators become more open to evaluating their practices and seeking new approaches that meet diverse student needs.

Similarly, Dervenis et al. (2022) report that PLCs facilitate open discussions about pedagogical and instructional challenges, enabling teachers to explore and adopt unfamiliar but effective teaching techniques. This dialogic environment encourages the continuous refinement of instructional methods through peer reflection and experiential learning. Teachers exposed to varied perspectives gain insights into best practices that improve student engagement and comprehension, ultimately enriching their pedagogical toolkit.

Corwin et al. (2019) further corroborate these findings, noting that PLC participation boosts teachers' receptiveness to feedback and their ability to act on it constructively. Such continuous reflection, supported by structured collaboration, fosters adaptability among teachers in the face of evolving curricula and instructional trends. These insights collectively demonstrate that PLC-based collaboration is essential for advancing teachers' reflective practice and refining pedagogical approaches, contributing directly to the professional and academic success of both teachers and students.

International studies have identified several indicators of successful collaboration within PLCs. One primary indicator is the improvement in student academic outcomes. Wong et al. (2024) report that effective teacher collaboration through PLCs correlates strongly with increased student performance across subjects. This link suggests that collective instructional planning and problem-solving translate into a more enriched learning environment for students.

In addition, teacher satisfaction and engagement serve as key indicators. Daly et al. (2013) highlight that educators participating in collaborative PLCs report higher levels of job satisfaction and stronger professional connections. These factors contribute to reduced teacher attrition, a critical metric in evaluating long-term professional development success. Moreover, teachers engaged in well-structured PLCs experience less professional isolation and greater support, which further boosts their morale and effectiveness.

Other studies, including those by Cojorn and Sonsupap (2024), document measurable improvements in pedagogical and technological competencies among teachers engaged in PLCs. These include enhanced proficiency in integrating digital tools, applying innovative teaching strategies, and developing diverse assessment methods. Frequent, high-quality interactions among teachers also contribute to these outcomes. Gepila (2020) observes that PLCs with regular meetings and focused discussions produce stronger professional growth than those lacking such structure. This underscores the importance of maintaining both frequency and depth in collaborative engagements.

Contextual variables such as institutional culture and educational policy shape these indicators significantly. Therefore, future research should consider local policy frameworks and school structures to better understand how to optimize PLC collaboration for sustained teacher development.

PLCs contribute concretely to the improvement of lesson planning, instructional strategies, and formative assessment practices. Within the collaborative framework of PLCs, teachers refine lesson plans through peer input and evidence-based feedback. Cojorn and Sonsupap (2024) observe that teachers in PLCs are better equipped to develop effective and context-responsive lesson plans, often incorporating strategies proven successful by their peers. This shared planning process ensures alignment with learning outcomes and student needs.

Dervenis et al. (2022) underscore the impact of PLCs on teaching innovation. Teachers participating in PLCs report being more open to adopting new methods, including the use of educational technologies and student-centered techniques. The opportunity to exchange ideas within a supportive network fosters experimentation and adaptation, leading to richer instructional practices. This innovation-driven environment benefits not only teacher development but also enhances student engagement and understanding.

Furthermore, PLCs provide a platform for teachers to co-develop and refine formative assessment tools. Mustika et al. (2024) highlight how collaborative assessment design results in clearer criteria and more meaningful feedback for students. These improvements enable teachers to monitor student progress more accurately and adjust instruction accordingly. In turn, students receive timely, constructive input that supports their learning journey. The cumulative effect of these collaborative processes is a more coherent and effective instructional system.

Comparative studies reveal stark differences between teachers engaged in PLCs and those operating in isolation. Corwin et al. (2019) found that PLC-affiliated teachers exhibit higher mastery in planning and instructional adaptation, with greater confidence in managing diverse classrooms. They are also more adept at tailoring lessons to different student needs, thereby achieving better educational outcomes.

By contrast, non-PLC participants often rely on traditional, lecture-based methods and rarely engage in reflective practice or peer feedback. (Bucklen et al., 2014) note that such teachers face challenges in updating their pedagogical skills and may struggle to maintain student motivation and engagement. This stagnation not only limits instructional effectiveness but also hinders broader educational improvement efforts.

(Alija et al., 2024) emphasize that PLC participants benefit from stronger professional networks and a greater sense of ownership over the teaching process. These networks support collaborative problem-solving and continuous learning, essential for maintaining high-quality instruction. Consequently, student performance in classrooms led by PLC-engaged teachers tends to surpass that of their peers, reinforcing the value of sustained professional collaboration.

Institutional support and national education policies significantly influence the success of PLCs in improving teacher competencies. Dervenis et al. (2022) stress the necessity of administrative backing, including dedicated time, resources, and training opportunities for effective PLC implementation. Schools that invest in professional development infrastructure provide a conducive environment for collaborative learning and innovation.

Supportive policies that encourage teacher autonomy and professional growth enhance PLC dynamics. Cojorn and Sonsupap (2024) report that policies promoting knowledge-sharing and collaborative reflection positively affect PLC outcomes. These policies can manifest in the form of clear assessment standards, institutional incentives, or mandated collaboration hours, all of which foster a culture of continuous improvement.

In resource-constrained settings, however, the lack of institutional and policy support can undermine PLC efficacy. Telesford et al. (2024) argue that without adequate facilities and policy alignment, teacher participation in PLCs tends to be superficial or unsustainable. These challenges are particularly acute in developing countries, where limited funding and administrative constraints pose persistent barriers to professional development.

Therefore, effective PLC implementation requires alignment between school leadership, policy frameworks, and teacher needs. Building this alignment strengthens the sustainability and impact of PLCs on teacher competencies and student learning.

School leadership emerges as a crucial determinant of PLC sustainability. Uworwabayeho et al. (2020) find that principals who actively support and participate in PLCs create environments conducive to collaboration and professional growth. Their leadership style—whether participatory, supportive, or transformational—influences teacher engagement and the overall health of the PLC.

Telesford et al. (2024) emphasize the importance of aligning leadership vision with PLC goals. When school leaders prioritize professional development as a core institutional objective, teachers are more likely to engage actively in PLC activities. This alignment enhances PLC effectiveness and encourages a culture of continuous learning.

Leadership practices that promote innovation and capacity-building further enhance PLC sustainability. According to Knight, leaders who invest in teacher empowerment and recognize excellence in practice foster motivation and resilience within PLCs. These leaders create safe spaces for experimentation and learning, increasing teachers' willingness to collaborate and share.

Dervenis et al. (2022) also highlight that leadership engagement signals institutional commitment to teacher development. When teachers perceive that their professional growth is valued, their participation in PLCs becomes more consistent and meaningful. Thus, developing strong and

responsive leadership should be a strategic priority in educational reform agendas aimed at scaling effective PLC models.

In sum, the findings presented in this review underscore the transformative potential of PLCs when supported by structured collaboration, evidence-based practices, institutional alignment, and visionary leadership. Across various national contexts, PLCs have demonstrated their capacity to enhance teacher competencies, enrich instructional quality, and improve student learning outcomes. The next section will delve into a critical discussion of these findings, examining their implications for policy, practice, and future research in the field of professional learning and teacher development.

The findings from this review support a growing body of literature that positions Professional Learning Communities (PLCs) as critical instruments for teacher competency development. These results align with earlier studies across diverse educational systems, suggesting that PLCs significantly enhance reflective practice, collaboration, and instructional innovation among teachers (Cojorn & Sonsupap, 2024). The recognition of institutional and policy-level support as vital enablers of PLC effectiveness resonates with (Sumaryanta et al., 2019), who underscore the necessity of administrative backing in environments with constrained resources, such as Indonesia. These parallels validate the broader applicability of PLCs while also emphasizing the need for adaptive, context-specific approaches.

While studies before the COVID-19 pandemic affirmed the positive association between PLCs and student learning outcomes, caution is warranted in generalizing such findings to the current educational landscape, which has been reshaped by widespread remote and hybrid learning environments. Although prior literature has suggested that PLCs foster pedagogical innovation in both developed and developing countries, the lack of precise attribution in some sources (e.g., Keller and Pottle) necessitates a more rigorous evaluation of evidence. Overall, the present synthesis confirms the prevailing consensus in academic discourse while pointing to emerging challenges and opportunities in PLC implementation across diverse cultural and institutional contexts.

Building on these findings, several recommendations emerge for improving the implementation of PLCs in varying educational settings. Strengthening institutional support is paramount. Schools and national governments must allocate sufficient resources and ensure scheduled time for PLC meetings. These actions are consistent with recommendations from Sumaryanta et al. (2019), who emphasize that institutional and administrative support fosters a culture of collaboration and enables professional development initiatives to take root. Integrating PLC frameworks into national education policies would further reinforce their legitimacy and encourage systemic adoption.

Sustainable leadership training represents another critical pillar. Telesford et al. (2024) highlight the indispensable role of school leadership in maintaining the continuity and effectiveness of PLCs. Investing in leadership capacity-building at all educational levels fosters supportive working environments where teachers are encouraged to engage actively in collaborative practices. Leaders who champion professional learning and model participation in PLCs set the tone for a culture of continuous improvement.

Diversifying collaborative learning approaches within PLCs can also enhance their efficacy. Incorporating technology and innovative pedagogical strategies increases teacher engagement and improves the relevance of PLC discussions. (Raghavendra, 2021) illustrates how technological integration can amplify collaboration in professional communities. Digital platforms enable broader participation, especially in remote or underserved regions. Expanding PLCs into virtual environments can promote inclusivity and ensure sustained learning regardless of physical constraints. These innovations also offer flexible, scalable models that can be tailored to diverse educational settings.

Despite the promising outcomes identified, this review has several limitations that warrant discussion. Most reviewed studies are context-specific, focusing predominantly on urban or resource-rich environments. Consequently, their findings may not fully capture the realities of teachers working in isolated or underserved areas. Broader research is needed to include geographically and socioeconomically diverse communities, ensuring that future conclusions reflect the full spectrum of educational contexts.

Additionally, much of the literature privileges quantitative analyses over qualitative insights into teacher experiences within PLCs. This emphasis risks overlooking the nuanced, subjective dimensions of professional learning. Future studies should adopt qualitative or mixed-method approaches, including case studies and interviews, to capture how teachers perceive, experience, and contribute to PLCs. These narratives can deepen our understanding of the mechanisms by which collaboration supports professional identity formation and instructional growth.

The ongoing effects of the COVID-19 pandemic further highlight the need for research on how PLCs adapt to distance and hybrid learning formats. As educational systems worldwide increasingly adopt digital platforms, understanding how PLCs evolve in virtual contexts becomes essential. Investigating the technological, relational, and pedagogical challenges in digital PLCs could inform more resilient and responsive models of professional learning.

Systemic factors such as education policy, funding, and continuous training significantly influence the effectiveness of PLCs. National education policies play a pivotal role in shaping the conditions under which PLCs operate. Dervenis et al. (2022) demonstrate that supportive policies—those which allocate time for collaboration and resources for capacity-building—are essential for effective PLC implementation. When these elements are codified in policy, they help mitigate structural barriers and institutional inertia that often impede professional learning.

Furthermore, the alignment between policy objectives and PLC goals enhances coherence within educational systems. Cojorn and Sonsupap (2024) argue that policies recognizing the value of collaborative professional development encourage broader teacher participation and support pedagogical reform. In such environments, PLCs not only enhance individual teacher competencies but also contribute to systemic improvements in instructional quality.

Funding remains another crucial determinant of PLC success. Adequate financial support ensures access to materials, professional development sessions, and logistical arrangements necessary for regular PLC meetings. While Raghavendra (2021) primarily discusses technology-enhanced learning, his findings suggest that schools with well-planned budgets can more effectively implement collaborative programs. Similarly, (Uworwabayeho et al., 2020) emphasize that targeted

investments in teacher training and community-based resources are especially impactful in resource-limited settings. Strategic allocation of funds, therefore, plays a critical role in sustaining PLC activities across varied educational landscapes.

Continuous training is also essential to ensure that teachers remain equipped to adapt to evolving pedagogical demands. Although the literature lacks specific references detailing training models within PLCs, Cojorn and Sonsupap (2024) highlight that embedded training programs enhance teacher engagement. When professional development is seamlessly integrated into PLC activities, it fosters deeper commitment and cultivates adaptive teaching practices. This embedded approach also supports lifelong learning, aligning teacher development with broader educational reforms.

To address the challenges identified in PLC implementation, evidence-based solutions have been proposed in the literature. One such solution is the development of consistent policy frameworks and institutional support systems. Dervenis et al. (2022) recommend policies that ensure time and resources for teacher collaboration. Embedding PLC principles into national education strategies can institutionalize professional learning and standardize access across schools.

Sumaryanta et al. (2019) propose that policy integration facilitates uniform access to PLCs, especially in decentralized education systems. By establishing PLCs as a mandatory component of professional development, education systems can reduce disparities in training and reinforce pedagogical standards. Administrative support is critical in operationalizing such policies, as school leaders play a frontline role in ensuring teacher participation and resource mobilization.

Long-term capacity-building through sustained training initiatives further strengthens PLC effectiveness. (Kohrt et al., 2016) advocate for community-based training that equips teachers with skills to lead and contribute meaningfully to PLCs. Empowering educators as co-facilitators of learning encourages ownership and enhances the sustainability of PLCs. Mustika et al. (2024) echo this sentiment, emphasizing the need for localized, culturally responsive training models. These approaches help tailor PLCs to specific contexts and foster more authentic engagement among teachers.

Technology also emerges as a powerful enabler. Raghavendra (2021) and (Vilches et al., 2019) argue that integrating digital tools can enhance communication, resource sharing, and collaborative planning within PLCs. Training teachers in the effective use of digital platforms not only boosts their technological competencies but also supports the evolution of PLCs into blended or fully virtual models. This flexibility is especially beneficial in overcoming geographic or logistical barriers.

Fostering a strong sense of community is another critical factor in sustaining PLCs. Corwin et al. (2019) highlight the importance of collegiality and mutual respect in creating a productive collaborative culture. Involving teachers in the planning and execution of PLC activities ensures relevance and increases buy-in. Kohrt et al. (2016) suggest that participatory design enhances teacher agency, leading to more meaningful engagement and stronger professional networks.

Lastly, cross-school collaboration expands the impact of PLCs beyond individual institutions. Uworwabaye et al. (2020) and Corwin et al. (2019) note that inter-school networks facilitate the exchange of best practices and expose teachers to a wider range of instructional approaches. Such

networks promote peer learning on a larger scale, supporting systemic improvements in teaching and learning.

In conclusion, this discussion has synthesized empirical insights and theoretical reflections on the impact, challenges, and future directions of PLCs. It highlights the importance of context-sensitive implementation, policy coherence, and strategic investment in professional learning. While PLCs are not a one-size-fits-all solution, their adaptive and collaborative nature makes them a powerful tool for teacher development in diverse educational environments.

CONCLUSION

This narrative review has demonstrated that Professional Learning Communities (PLCs) play a pivotal role in developing teacher competencies, especially in terms of reflective practice, collaborative planning, and instructional innovation. The literature affirms that when supported by institutional structures and policy frameworks, PLCs contribute to pedagogical improvements, higher teacher satisfaction, and improved student outcomes. However, the review also reveals disparities in implementation success across different educational contexts, particularly in underserved or resource-constrained settings. Challenges such as insufficient institutional support, lack of structured policy, limited funding, and inadequate training infrastructure hinder the widespread adoption and sustainability of PLCs.

Given the urgency of improving teacher quality and educational equity, it is imperative that governments and educational institutions prioritize support for PLC initiatives. This includes embedding PLCs in national education strategies, allocating specific budgets, and training school leaders to facilitate collaborative learning environments. Future research should explore how PLCs function in diverse contexts, especially in rural or marginalized communities, and how digital platforms can be effectively leveraged to support virtual PLCs. Furthermore, qualitative investigations into teacher experiences would provide richer insights into the nuanced processes that shape professional learning. Emphasizing teacher collaboration, leadership support, and context-sensitive design should remain core strategies in addressing the systemic barriers identified. Strengthening these dimensions will not only enhance teacher competencies but also promote resilient and inclusive educational systems.

REFERENCE

- Alija, T. D. D., Aguado, D., & Sanz, N. M. (2024). Exploring the Role of Generic Competencies in Employability and Academic Performance of Students of Psychology. *Journal of Teaching and Learning for Graduate Employability*, 15(1), 21–37. <https://doi.org/10.21153/jtlge2024vol15no1art1764>
- Amzat, I. H., Yanti, P. G., & Suswandari, S. (2022). Estimating the Effect of Principal Instructional and Distributed Leadership on Professional Development of Teachers in Jakarta, Indonesia. *SAGE Open*, 12(3). <https://doi.org/10.1177/21582440221109585>

- Bucklen, K. A., Carlson, D. W., Shah, N., & Pruitt, C. (2014). Development of a Pediatric Hospitalist Curriculum to Promote Faculty Development, Teaching Excellence, and Evidence-Based Care. *Hospital Pediatrics*, 4(6), 387–392. <https://doi.org/10.1542/hpeds.2013-0108>
- Cojorn, K., & Sonsupap, K. (2024). A Collaborative Professional Development and Its Impact on Teachers' Ability to Foster Higher Order Thinking. *Journal of Education and Learning (Edulearn)*, 18(2), 561–569. <https://doi.org/10.11591/edulearn.v18i2.21182>
- Corwin, L. A., Kiser, S., LoRe, S. M., Miller, J. M., & Aikens, M. L. (2019). Community College Instructors' Perceptions of Constraints and Affordances Related to Teaching Quantitative Biology Skills and Concepts. *Cbe—Life Sciences Education*, 18(4), ar64. <https://doi.org/10.1187/cbe.19-01-0003>
- Daly, M., Perkins, D., Kumar, K., Roberts, C., & Moore, M. A. (2013). What Factors in Rural and Remote Extended Clinical Placements May Contribute to Preparedness for Practice From the Perspective of Students and Clinicians? *Medical Teacher*, 35(11), 900–907. <https://doi.org/10.3109/0142159x.2013.820274>
- Dervenis, C., Fitsilis, P., & Iatrellis, O. (2022). A Review of Research on Teacher Competencies in Higher Education. *Quality Assurance in Education*, 30(2), 199–220. <https://doi.org/10.1108/qae-08-2021-0126>
- Falloon, G. (2020). From Digital Literacy to Digital Competence: The Teacher Digital Competency (TDC) Framework. *Educational Technology Research and Development*, 68(5), 2449–2472. <https://doi.org/10.1007/s11423-020-09767-4>
- Fernandes, I. S., & Vieira, F. (2013). Professional development as empowerment? The case of learning communities. *International Journal of Adult, Community and Professional Learning*, 19(4), 1–16. <https://www.scopus.com/inward/record.uri?eid=2-s2.0-85003550192&partnerID=40&md5=78ac14cc09ff0e0550521e641d8bbac9>
- Fitriati, F., Rosli, R., Iksan, Z. H., & Hidayat, A. (2023). Exploring Challenges in Preparing Prospective Teachers for Teaching 4C Skills in Mathematics Classroom: A School-University Partnership Perspectives. *Cogent Education*, 11(1). <https://doi.org/10.1080/2331186x.2023.2286812>
- Gepila, E. C. (2020). Assessing Teachers Using Philippine Standards for Teachers. *Universal Journal of Educational Research*, 8(3), 739–746. <https://doi.org/10.13189/ujer.2020.080302>
- Gonçalves, L. L., Parker, M., Luguetti, C., & Carbinatto, M. (2022). The facilitator's role in supporting physical education teachers' empowerment in a professional learning community. *Sport, Education and Society*, 27(3), 272–285. <https://doi.org/10.1080/13573322.2020.1825371>
- Haines-Delmont, A., Bracewell, K., & Chantler, K. (2022). Negotiating organisational blame to foster learning: Professionals' perspectives about Domestic Homicide Reviews. *Health and Social Care in the Community*, 30(5), e2818–e2826. <https://doi.org/10.1111/hsc.13725>
- Hassrick, E. M., Suhrheinrich, J., Schetter, P., Nahmias, A., Melgarejo, M., Li, J., Ventimiglia, J., Yu, Y., & Stahmer, A. (2021). Producing child-centered interventions: Social network factors related to the quality of professional development for teachers of autistic students. *Social Sciences*, 10(12). <https://doi.org/10.3390/socsci10120453>

- Kayser, C. (2017). Cultivating Community-Responsive Future Healthcare Professionals: Using Service-Learning in Pre-Health Humanities Education. *Journal of Medical Humanities*, 38(4), 385–395. <https://doi.org/10.1007/s10912-017-9456-2>
- Kohrt, B. A., Marienfeld, C., Panter-Brick, C., Tsai, A. C., & Wainberg, M. L. (2016). Global Mental Health: Five Areas for Value-Driven Training Innovation. *Academic Psychiatry*, 40(4), 650–658. <https://doi.org/10.1007/s40596-016-0504-4>
- Luna, D., Pineda-Alfonso, J. A., García-Pérez, F. F., & Leal da Costa, C. (2022). Teacher Training, Research and Professional Development in a Neoliberal School: A Transformative Experience in Social Sciences. *Social Sciences*, 11(8). <https://doi.org/10.3390/socsci11080349>
- Mailizar, M., Umam, K., & Elisa, E. (2022). The Impact of Digital Literacy and Social Presence on Teachers' Acceptance of Online Professional Development. *Contemporary Educational Technology*, 14(4), ep384. <https://doi.org/10.30935/cedtech/12329>
- Miranda, J. P., Batista, M., Duarte, C., & Sanches, T. (2021). Interdisciplinary class observation in higher education: Lessons learned from the professional development experience of four teachers. *Education Sciences*, 11(11). <https://doi.org/10.3390/educsci11110706>
- Monteiro, A., Mouraz, A., & Dotta, L. T. (2020). Veteran Teachers and Digital Technologies: Myths, Beliefs and Professional Development. *Teachers and Teaching*, 26(7–8), 577–587. <https://doi.org/10.1080/13540602.2021.1900809>
- Mustika, R., Pinasthika, A., & Greviana, N. (2024). The Importance of Learning With Patients: Post-Pandemic Takeaways on Learning Professionalism in Clinical Settings. *Malaysian Journal of Medical Sciences*, 31(1), 140–149. <https://doi.org/10.21315/mjms2024.31.1.12>
- Netto, L., & Silva, K. L. (2018). Reflective Practice and the Development of Competencies for Health Promotion in Nurses' Training. *Revista Da Escola De Enfermagem Da Usp*, 52(0). <https://doi.org/10.1590/s1980-220x2017034303383>
- Niemi, H. (2015). *Teacher professional development in Finland: Towards a more holistic approach*.
- Raghavendra, A. D. (2021). Can Technology in a Multipronged Approach Be Effectively Utilized in Implementing a Competency-Based Undergraduate Curriculum? *Indian Journal of Physiology and Pharmacology*, 64, S16–S18. https://doi.org/10.25259/ijpp_261_2020
- Sakhipov, A., Baidildinov, T., Yermaganbetova, M., & Ualiyev, N. (2023). Design of an Educational Platform for Professional Development of Teachers with Elements of Blockchain Technology. *International Journal of Advanced Computer Science and Applications*, 14(7), 519–527. <https://doi.org/10.14569/IJACSA.2023.0140757>
- Slot, P. L., & Leseman, P. P. (2021). Professional development of teachers in multicultural classrooms. *Early Years Education*, 29(4), 412–429.
- Sumaryanta, Mardapi, D., Sugiman, S., & Herawan, T. (2019). Community-Based Teacher Training: Transformation of Sustainable Teacher Empowerment Strategy in Indonesia. *Journal of Teacher Education for Sustainability*, 21(1), 48–66. <https://doi.org/10.2478/jtes-2019-0004>
- Telesford, L., Nsobundu, C., Lewis, T. R., Marks, A., Alamrany, A., Zaim, O., Lachica, I., Eruaga, A., Roman, L. C., Slavkovska, T., Mandal, D., & Chandran, V. (2024). Leveraging Small Island

- Context to Advance and Disseminate Environmental Health and Sustainable Development Knowledge Through Higher Education. *Frontiers in Education*, 9. <https://doi.org/10.3389/feduc.2024.1337302>
- Thoma, J., Hutchison, A., Johnson, D. W., Johnson, K., & Stromer, E. (2017). Planning for Technology Integration in a Professional Learning Community. *The Reading Teacher*, 71(2), 167–175. <https://doi.org/10.1002/trtr.1604>
- Uworwabaye, A., Flink, I., Nyirahabimana, A., Peeraer, J., Muhire, I., & Gasozi, A. N. (2020). Developing the Capacity of Education Local Leaders for Sustaining Professional Learning Communities in Rwanda. *Social Sciences & Humanities Open*, 2(1), 100092. <https://doi.org/10.1016/j.ssaho.2020.100092>
- Vilches, M. de F. P., López-Alcarria, A., & Mazuecos-Ciarra, N. (2019). A Professional Competences' Diagnosis in Education for Sustainability: A Case Study From the Standpoint of the Education Guidance Service (EGS) in the Spanish Context. *Sustainability*, 11(6), 1568. <https://doi.org/10.3390/su11061568>